



EMPOWERING YOUNG VOICES

Everyone
deserves
to
Be Heard



Impact Sept25 – July 26



2,007 Mentor sessions

334 Sets of 6 sessions
supplied

15 Schools
supported



Feedback

from Mentees

My experience has been wonderful. A safe, calm environment that made me feel free to talk about the things that were hard.



YMM has really helped me not only gain confidence in myself, but also be able to help understand my emotions and gain access to more support. I always leave my sessions feeling better in some way ! To be able to have someone to talk to has meant the world and I wouldn't be the same without YMMs support

These sessions have really helped me with my confidence in being me. Sarah every week greeted me with a positive environment and a safe place to discuss my feelings



In our end of term feedback 100% of schools we work in would like YMM mentors to stay long term.

100% of schools fed back that there is a need for YMM in their school.



When asked - Do you feel that the YMM mentor(s) in your school have helped your students over the past term- 100% said YES

All schools fed back that they felt our mentors are friendly, reduce pressure on school, that they would struggle pastorally without YMM and that they hope to have a mentor long term



Feedback from Schools



Emanuela has been an invaluable member of our school community through her work as a YMM mentor at St Benedict's Catholic High School. Her dedication, compassion, and unwavering support have had a profound impact on our students, helping them to grow in confidence, resilience, and faith. Emanuela consistently goes above and beyond to build positive relationships with young people, offering guidance, encouragement, and a listening ear whenever needed. Her commitment to supporting our students' wellbeing and personal development has made a lasting difference, and we are incredibly grateful for the care, professionalism, and enthusiasm she brings to our school.



We have had a truly positive experience with the school mentor (Gemma) provided through this charity programme. From the outset, they have been supportive, approachable, and genuinely dedicated to making a difference. Their encouragement and patience have helped build confidence. They have a wonderful way of communicating clearly and adapting their approach to suit individual needs, which has made learning feel far more accessible and enjoyable. What stands out most is their commitment and kindness; they go above and beyond, not only helping with schoolwork but also supporting personal growth, motivation, and resilience. The impact of their support has been noticeable and greatly appreciated. We are incredibly grateful for this opportunity and would highly recommend this mentoring programme to others.

Our mentor (Kerri) has been incredibly helpful - many of our students don't need nhs mental health support/counselling but still need that early intervention and a safe space to speak with somebody who isn't family or school staff. All students have enjoyed their sessions and consistently attended which is brilliant. They've been able to speak more openly and freely and built up skills around communication and built resilience.



The work of the YMM Mentor (Lucy) in our school helps our children enormously. The friendly, approachable expertise of the Mentor has a profound and lasting impact on the pupils she works with, and is a valuable part of our pastoral offer to our young people.



Having a YMM (Anita) at our school has made a significant impact to our pupils, in developing their resilience, wellbeing and confidence through 1:1 mentoring that is personalised, supportive and a holistic approach to support our pupils. The mentors are truly incredible, always working with love and compassion for our pupils, as well as supporting the wider team.



ALVESTON



YMM (Joelle) is such a valuable part of our SEMH support in school. We are delighted and extremely grateful to have a mentor working with our children weekly. There is a significant need in school for SEMH support and having a YMM mentor ensures less pressure on our teaching staff. It also gives us the opportunity to ensure that children who need an adult to talk to are given this resources. We cannot thank you enough for the support we are given.



We greatly value the ongoing support our students receive from the YMM team (Clare). Their approach ensures that students feel genuinely listened to, understood, and supported at every stage. The team consistently goes the extra mile to match each student with the most suitable mentor, demonstrating a strong commitment to individual needs and outcomes.

Nothing is ever too much trouble for the YMM team, and their reliability is outstanding. The consistency they provide in maintaining these mentoring relationships has a significant and positive impact on our students' confidence, engagement, and overall progress.

We are so grateful for the support that YMM (Sarah & Susie) give to our students here at Alcester Academy. Without their continued commitment to supporting young people we would struggle to dedicate our own time to them, the care and compassion that the mentors are able to give to our students is invaluable. It can be the reason that a child attends school or not. The mentors allow time and space for the students to talk freely about any worries or concerns.



Casey is such a natural when it comes to mentoring. She is genuine and down to earth and seems to really connect with the students. She has been very dependable and easy to get along with and nothing seems like too much trouble. She has a caring nature and we are so happy to have her as a mentor in our school, supporting our current mentoring provision.



Students have actively engaged with mentoring from YMM (Steve) at Shipston. They like being able to speak to somebody external from school who is neutral. Students who have and are engaging with mentoring appear more positive around school and confident to speak to adults when they have a concern or issue. We have always found YMM to be a very approachable charity and the mentors provided are trained well. Everyone is very nurturing and friendly, we are thoroughly grateful for the support YMM provides to our students and school community.





YMM(Susie) is a great organisation and charity and honestly provides our school with incredible support for our students who struggle with their mental health. Post Covid, mental health has been affected deeply and students benefit so much from this service. It has given them confidence and the strength to attend school. Thank you for all you do.



YMM provides an invaluable mentoring service and our students benefit greatly from their sessions. YMM fills a critical gap and we are incredibly grateful for their continued partnership and dedication to young people. Stuart has been a valuable mentor and has provided a safe listening ear to many of our students



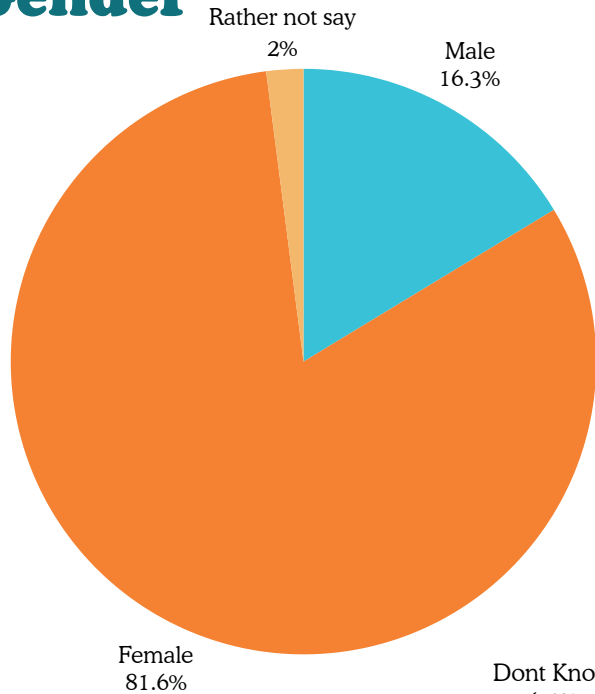
Our YMM mentor is extremely supportive and is well liked and valued by pupils in our school. Pupils look forward to working with her and have really positive sessions with a great impact to their engagement, self esteem, self confidence, regulation and overall mental health and wellbeing.



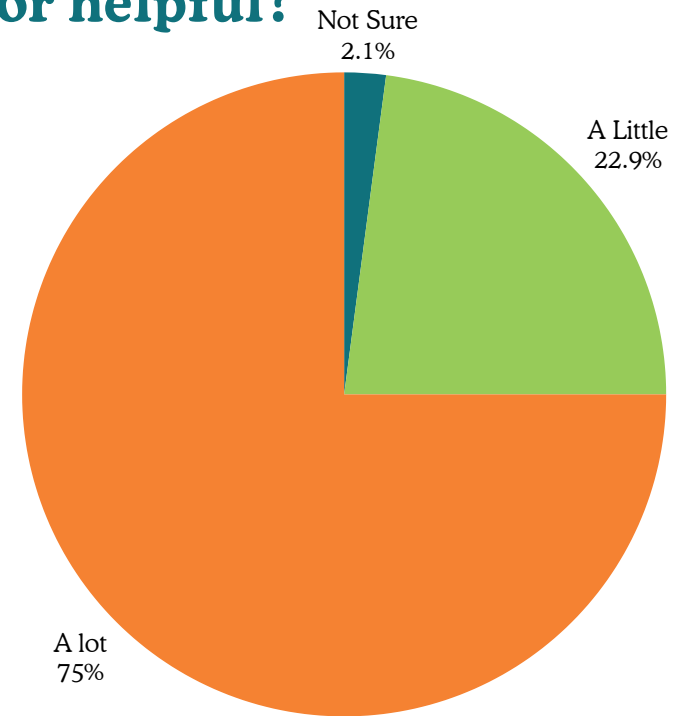
Our YMM Mentors (Sarah P, Alice) are an invaluable asset to our Sixth Form. They provide a safe space for students to open up and share feelings they are not comfortable with or able to share with staff. They build strong safe spaces for sixth form students, and the guidance and listening ear they provide to our young people are building blocks to resilience and understanding as they move on to adulthood. As an organisation they are professional, accommodating and reliable, always ensuring that Safeguarding procedures are followed and they work as part of our school environment with a commitment second to none.

High School Mentees

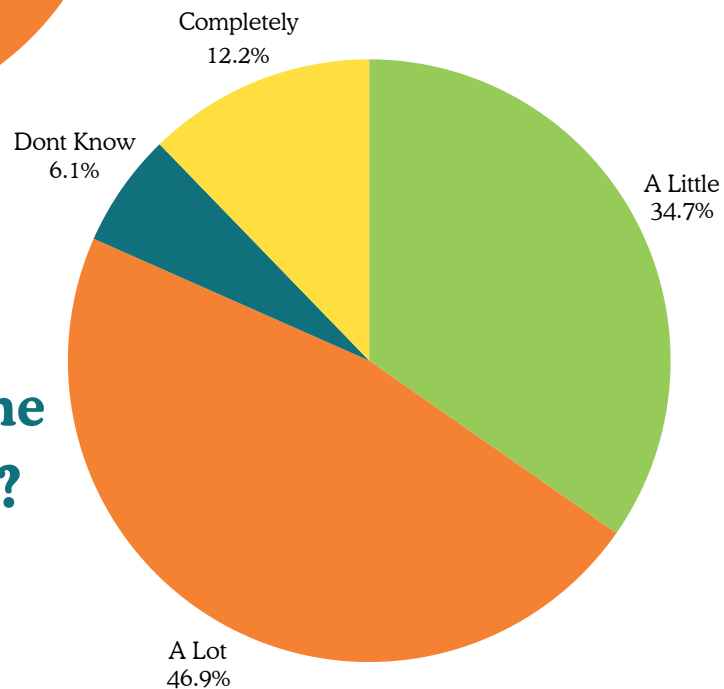
Gender



Did you find your time with the YMM mentor helpful?

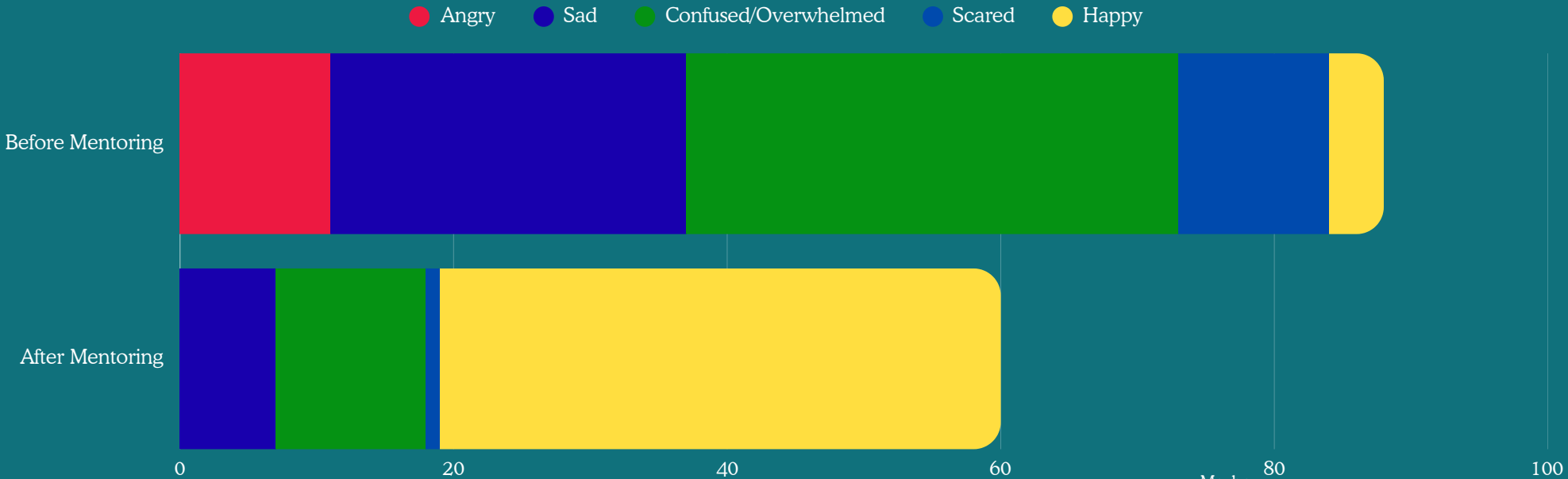


To what extent has the issue been resolved ?

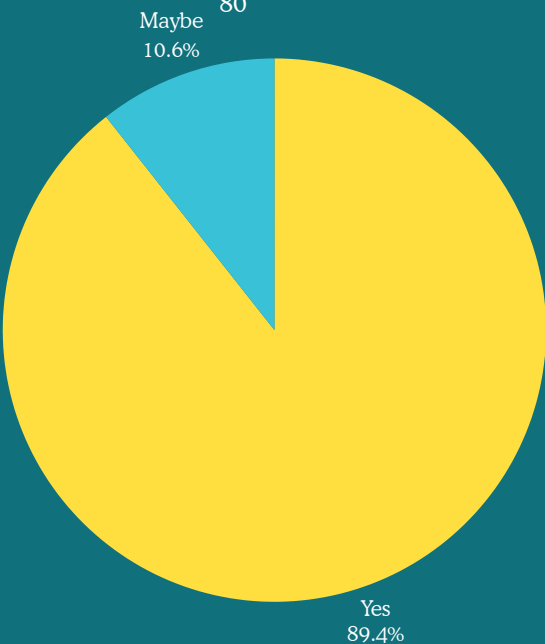




Words used by high school Mentees to describe how they felt...



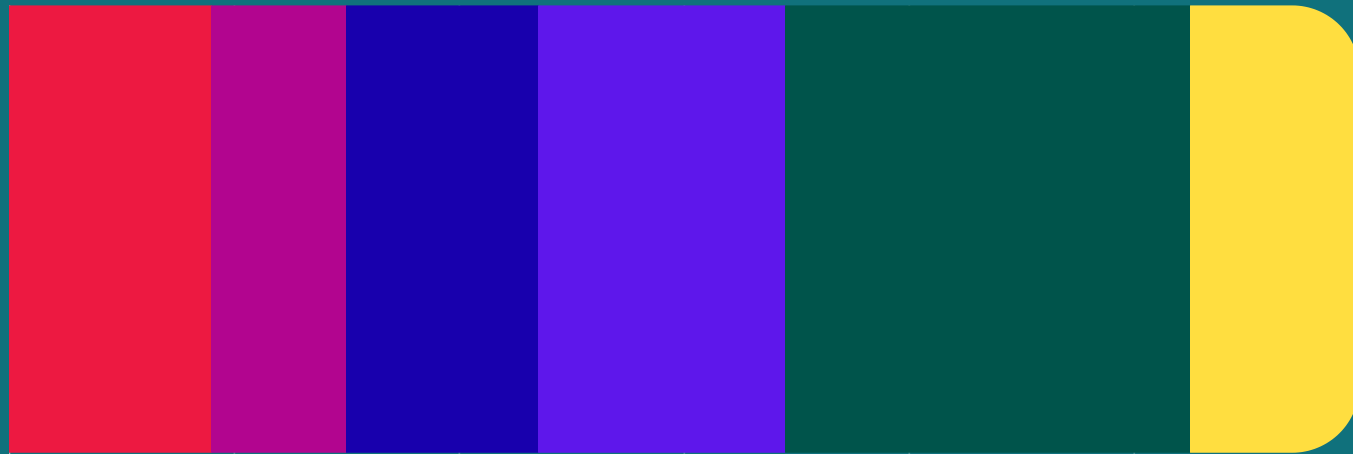
Would you recommend a session with a YMM mentor to a friend who needed someone to talk to ?



Words used by primary mentees to describe how they felt...



Before Mentoring



After Mentoring

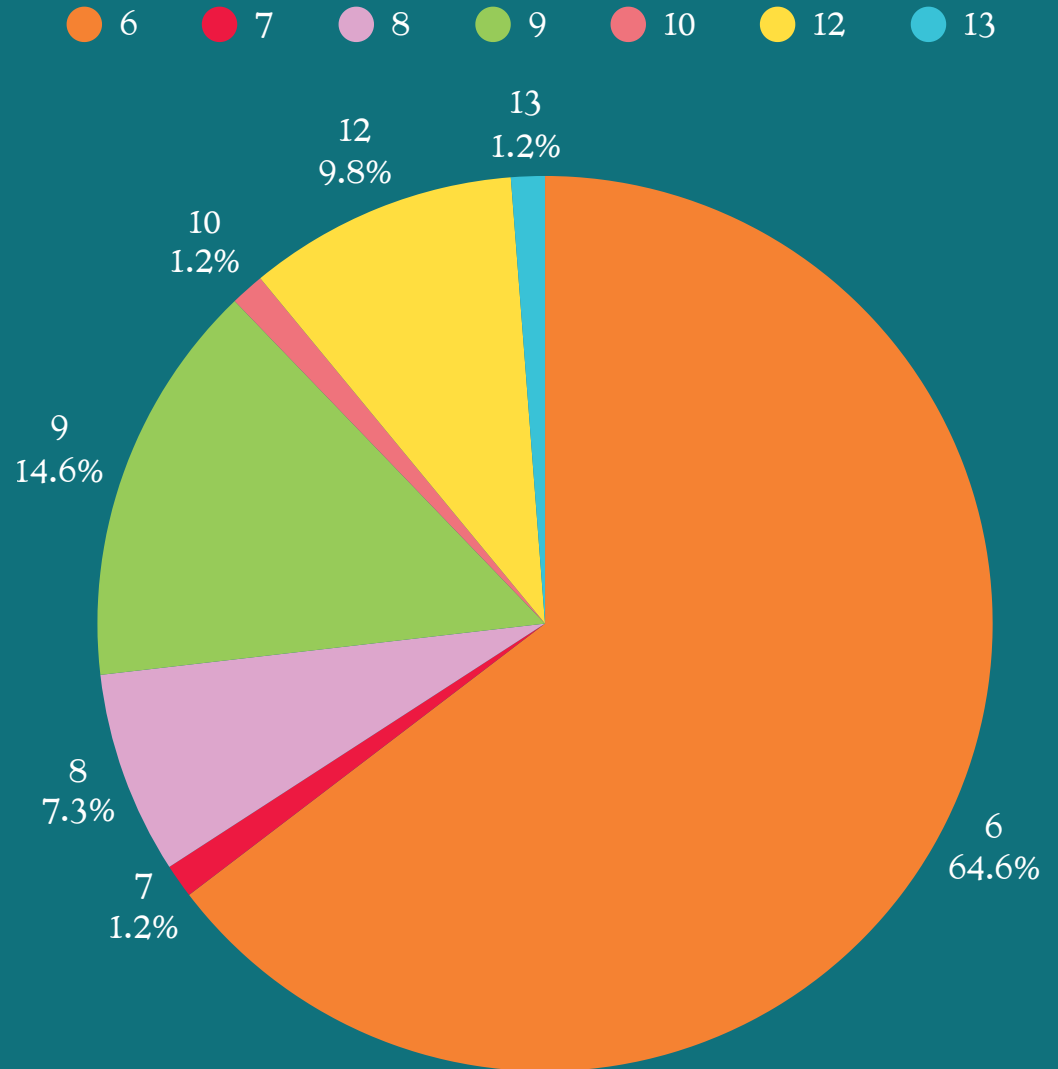


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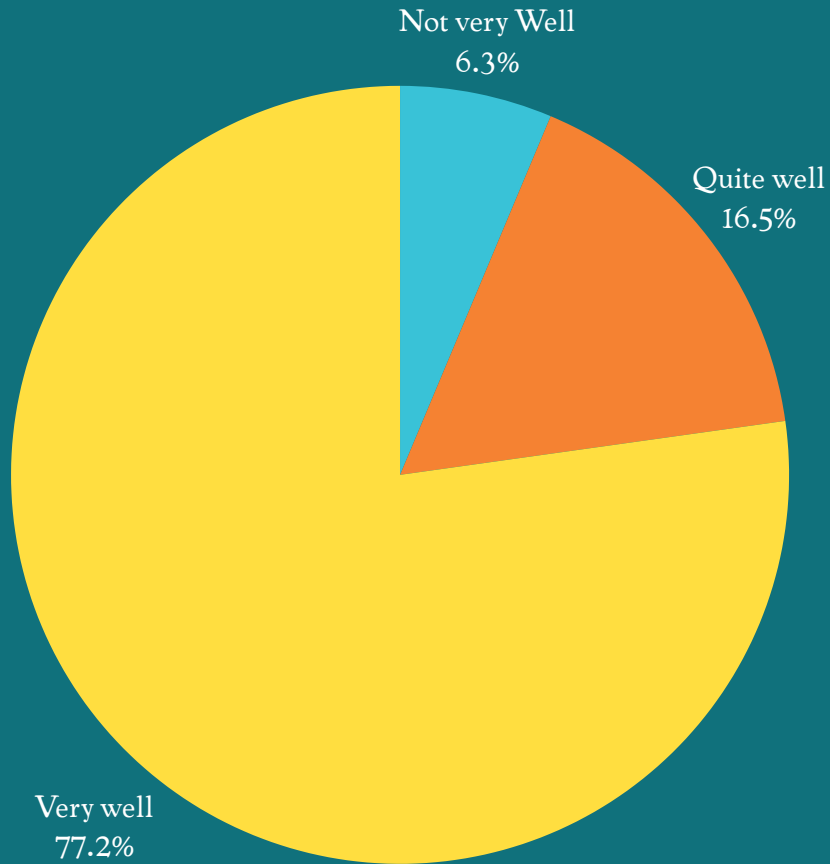
Mentors Feedback

Number of sessions needed per Mentee

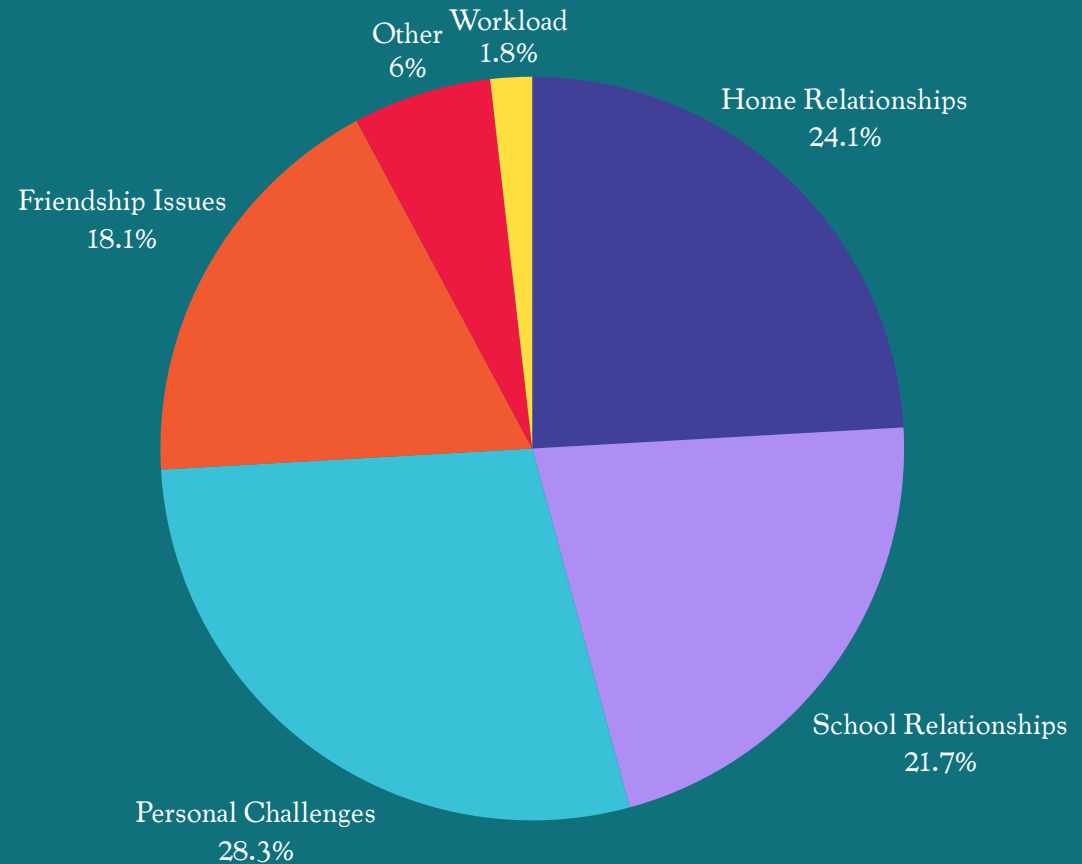
Some Mentors noted that additional sessions maybe needed in the future - meaning an average of 6.7 sessions per mentee (if ongoing are counted as 12)



How well did the Mentee engage ?



Presenting Issues



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